**Ava King – Psoriasis**  
**Overview:**  
Ava King, a 46-year-old librarian, has been managing psoriasis for 7 years. Psoriasis is a chronic skin condition causing red, scaly patches. She lives at 345 Maple Street, Ridgefield, NY, 10001. Contact number: (555) 678-3456.

**Medical History:**

* **Past Medical History:** Diagnosed with psoriasis 7 years ago. Also has a history of psoriatic arthritis.
* **Surgical History:** None.
* **Family Medical History:** Mother had psoriasis; father had eczema.
* **Allergies:** Allergic to certain topical treatments.
* **Medications:** Uses topical steroids and phototherapy.
* **Lifestyle:** Follows a healthy diet, manages stress, and avoids smoking.

**Previous Doctors:**  
Dr. Nancy Lee, her dermatologist, manages her psoriasis treatment and monitors skin condition. Dr. Mark Harris, her primary care physician, oversees overall health and coordinates care.

**Symptoms:**  
Ava experiences dry, scaly patches on her skin and occasional joint pain. Symptoms are managed with medication and lifestyle changes.

**Diagnosis:**  
Psoriasis was diagnosed through clinical examination and skin biopsy showing characteristic changes.

**Treatment:**  
Treatment includes topical steroids, phototherapy, and lifestyle adjustments to manage symptoms and flare-ups.